

mile marker

0

Virginia Point Park, Kenova
Sited at the Western-most point of the state, the beautiful and historic Virginia Point Park overlooks the juncture of the Big Sandy and Ohio Rivers. Nearby Camden Park has amusement for 100+ years with several rides including the Big Dipper, wooden roller coaster.



Virginia Point Park

mile marker

10

Huntington
With its downtown situated on the banks of the Ohio River, Huntington is a beautifully designed city. Huntington boasts a variety of activities and attractions featuring antique shopping and a farmer's market at the 14th Street W. - Old Central City, the Huntington Museum of Art, Ritter Park, Camden Park, and Heritage Farm Museum and Village.



Old Central City



Heritage Farm

mile marker

50

Institute
Sited on land surveyed by George Washington, the historically black West Virginia State University offers tours of its grounds including Historic East Hall circa 1893, which has known many distinguished visitors.



WVSU East Hall

mile marker

61

Charleston
Charleston is WV's state capital, largest city and cultural center. The Midland Trail's Historic Charleston Loop showcases a varied array of eclectic shops, restaurants and artistic and cultural attractions. The newest addition to the Loop, the Clay Center for the Arts and Sciences houses an art museum, a performing arts center and an interactive science museum.



State Capitol

mile marker

65

Malden
Malden is the boyhood home of Booker T. Washington and the world-renowned Cabin Creek Quilt Cooperative. While visiting the Booker T. Washington Log Cabin, stop next door at West Virginia's oldest Afro-American Baptist church, African Zion Baptist Church (1872).



Hale House Circa 1838

mile marker

80

Cedar Grove/Glasgow
Cedar Grove is the oldest settled community in the Kanawha Valley and played a significant role in the development of the Midland Trail. On the Trail you'll find Virginia's Chapel, the little brick church. Glasgow welcomes travelers to stop and picnic at the roadside park or enjoy the boat launch area.



Virginia's Chapel

Priority Sites 6.7

mile marker

3

Ceredo
Founded in 1857, Ceredo is home to the Ramsdell House, a stately red brick home believed to be part of the Underground Railroad. The Ceredo Museum features railroad, civil war, and hand-blown glass memorabilia.



Ramsdell House

mile marker

18

Barboursville
Barboursville offers the perfect blend of old and new from the Huntington Mall to the Historic Walking Tour of 30 buildings including the Toll House (1837), a log cabin toll house used by ferrymen to collect river tolls. Main Street Park provides a pleasant afternoon respite.



The Toll House

mile marker

29

Milton
Visit world-famous Blenko Glass and nearby Gibson Glass. View the covered bridge, which overlooks Pumpkin Park host of the Pumpkin Festival and the Cabell County Fair.



Blenko Glass

mile marker

33

Hurricane
The Main Street Specialty Shops found in restored homes, such as Colonial House (1885) make shopping an adventure. Tour History Row and see why Hurricane is known as the "City of Murals." Take a break with high tea at the Root Cellar. For the kids, Waves of Fun Water Park and Putnam County Park Pool are cool treats.



City of Hurricane Murals

mile marker

45

St. Albans
In town, visit the Main Street Historic District, which dates back to 1816 and is listed on the National Register. Enjoy the historic St. Albans sidewalk tour featuring 26 properties.



Riverfest

mile marker

55

South Charleston
For interactive fun, take the family to Rock Lake Putt-Putt Golf and Games, featuring three 18-hole courses, go-cart racing and Laser Storm, then cool off at South Charleston Memorial Ice Arena. Visit the downtown area to view the Adena Indian Mound, the second largest in the state.



Adena Indian Mound

Charleston

WIRIAGE via Route 60

10 miles

23 miles

28 miles



mile marker

99

Gauley Bridge
At Gauley Bridge, the New and Gauley rivers converge to form the Kanawha River. Visit the Gauley Bridge Midland Trail Visitors Center; enjoy a leisurely picnic at Cathedral Falls, and stay in one of six authentic handcrafted Tee Pees. Gauley Bridge Town Hall is located in a renovated railroad passenger depot.



Cathedral Falls

mile marker

107

Ansted
The town of Ansted is where travelers come to seek out the "Grand Canyon of the East," the New River Gorge. At the western edge of Ansted lies Hawks Nest State Park with spectacular views and a tram to the bottom of the Gorge. Other points of interest include the Contentment Museum Complex, the African American Heritage Family-Tree Museum and Blue Smoke Salsa.



Blue Smoke Salsa

mile marker

114

Hico
Hico, the crossroads of Rt. 60 and Rt. 19 provides a gateway to the best whitewater East of the Mississippi. Take a trip across North America's longest arch span bridge.



New River Gorge Bridge



White Water Rafting

mile marker

118

Lookout
At Lookout, turn off to Winona and take an adventurous side trip through some of WV's most pristine forest. East of Hico, is the highest point along the Trail, Big Sewell Mountain (3,170 feet).



Lookout / Winona

mile marker

130/140

Rainelle/Rupert
Meadow River Park/Greenbrier Youth Camp is located between Rainelle and Rupert and is open for public camping. In Rainelle, celebrate the history of the lumber and coal industry at the Meadow River Festival held the first weekend in August.



Field of Lavender

mile marker

170

Lewisburg
Take a two-hour walking tour of downtown Lewisburg boasting over 60 historic buildings dating back to the 1700's. Immerse yourself in Lewisburg's arts and culture at the Cooper Gallery, the Greenbrier Valley Theater and Carnegie Hall.



Carnegie Hall

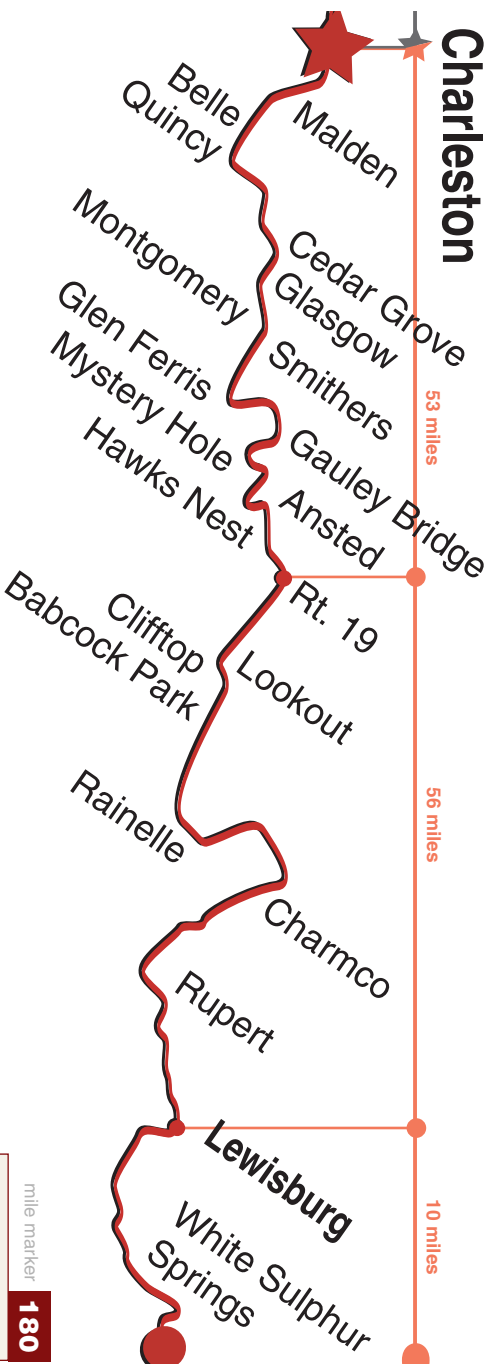
Priority Sites 6.8

Charleston

53 miles

56 miles

10 miles



mile marker

72

Quincy
Quincy Shopping Center, a convenient stop for all your needs, occupies an area that was once a country road and is the oldest tract of continuously farmed land along the Midland Trail.



Quincy Shopping Center

mile marker

97

Glen Ferris
With a tradition of hospitality since 1839, the Glen Ferris Inn provides a restful stay in fine style for visitors along the Midland Trail.



Glen Ferris Inn

mile marker

104

Mystery Hole
Mystery Hole sits over a hole in the ground where the law of gravity is defied. Balls roll up hill. Chairs sit half way up on a wall. Kids and adults alike are awed at the Mystery Hole.



Mystery Hole

mile marker

106

Hawks Nest
Hawks Nest State Park sprawls over the mountain top at Ansted and down to the bottom of the New River Gorge. Amenities include Hawks Nest Golf Course, picnic area and overlook, tram and jet boat rides at the base.



Hawks Nest State Park

mile marker

106

Clifftop/Babcock State Park
At the intersection of Rt. 60 and Rt. 41, you'll find Babcock State Park home of the frequently photographed Glade Creek Grist Mill. Also along Rt. 41 at Clifftop is Camp Washington Carver, the state's Mountain Cultural Arts Center.



Babcock State Park

mile marker

180

White Sulphur Springs
Since the 18th Century, travelers have flocked to the area to experience the healing powers of the sulphur springs. White Sulphur Springs is home to the luxurious Greenbrier Resort, historic re-enactment of the 1862 Battle of Dry Creek, Allegheny Trail and the Federal Fish Hatchery. For travel information call



White Sulphur Springs